

# For The Purpose of Safety

## ***Princeton Club Indoor Aquatic Center Rules***

1. Swimming is permitted only when Lifeguards are present
2. A soap and water shower is required by WI State code: HFS 172.5
3. Modest lined swimsuits are required apparel. (A t-shirt may be worn if it is clean and has appropriate printing. (no cut offs, biking tights, aerobic leotards or any other work-out apparel)
4. Princeton is not responsible for belongings and toiletries left unattended in the Aquatic Center.
5. Do not apply hair spray, hair conditioner, perfume, and hand or body lotion before entering the aquatic center.
6. Scheduled classes/swim lessons have priority over other activities.
7. Scheduled classes require that the water gym & slide be turned off.
8. There will be at least one lap lane available at all times for lap swimmers when the lap pool is open.
9. Safety breaks will occur on the hour for ten minutes during splash time. Children 15 and under must exit all pools at this time.
10. Only U.S. Coast Guard approved floatation devices are allowed or floatation devices provided by the club.
11. Swim diapers are required for children not toilet trained.
12. Chairs and tables must remain on the south side of the Aquatic Center (exception: fitness and WSI use)
13. Aquatic staff has the authority to ask unruly patrons to leave the center.

**We Recommend All Aquatic Center Patrons Wear Water Shoes.**

### ***Monday-Friday, Saturday and Sunday open to 2pm***

<b>CHILDREN</b>	<b>SUPERVISION</b>	<b>POOL USAGE</b>
0-4 years	Parent within arm's reach at all times	Activity Pool/ Lap Pool
5-10 years	Parent in Aquatic Center	Activity Pool/ Lap Pool
11-12 years	Parent in the Club	Activity Pool/ Lap Pool/ Current Pool/ Whirlpool up to 5 mins with an adult
12 & UP		Activity Pool/ Lap Pool/ Current Pool/ Whirlpool up to 5 mins with an adult

### ***SPLASH TIME: Saturday and Sunday 2pm-7pm***

<b>CHILDREN</b>	<b>SUPERVISION</b>	<b>POOL USAGE</b>
0-4 years	Parent within arm's reach at all times	Activity Pool/ Lap Pool/ Current Pool
5-10 years	Parent in Aquatic Center/ Parent must be in Current Pool with Child	Activity Pool/ Lap Pool
11-12 years	Parent in the Club	Activity Pool/ Lap Pool/ Current Pool/ Whirlpool up to 5 mins with an adult
12 & UP		Activity Pool/ Lap Pool/ Current Pool/ Whirlpool up to 5 mins with an adult

# Equipment Use

EQUIPMENT	USAGE
Kickboards	Lap Pool (kicking only)
Pull Buoys	Lap Pool (pulling only)
White Noodles	Fitness (12 & up)
Short Hand Barbells	WSI, Fitness (12 & Up)
Long Barbells	WSI
Resistance Gloves	Fitness (12 & Up)
Hand Paddles	Lap Pool (pulling only)
Yellow Float Belts	WSI and discretion
Fins	WSI and discretion
PFD (Life Vest)	WSI and discretion
Balls	Activity Pool Exception: Splash time
Toys	WSI (Members may bring their own appropriate toys)
Inner Tubes	Current Pool, Splash time
Slides, Water Gym, Mushroom	Available according to Wisconsin mandated lifeguarding standards
Slides, Water Gym, Mushroom	Must follow posted rules
<p>Big Blue Slide</p> <p>Swim test for children under 48" tall; must be able to swim on their front the length of the lap pool starting in the shallow end and ending in the deep end with no assistance or touching the sides or lane lines. This test is required each day the child is in the club until he/she reaches 48".</p>	

The following is **not** permitted at any time:

- Cameras, Video Cameras (Cell Phones)
- Running
- Rough play
- Diving
- Glass
- Food, beverage (capped water bottles accepted), gum, candy
- Alcohol
- Drugs
- Smoking
- Profanity
- Street shoes
- Sitting or pulling on lane lines
- Playing on stairs, ramp or ladders
- Playing on or in slides inappropriately
- Animals

**Aquatic staff has the authority to prohibit admission to anyone who has an open wound or who appears to have a contagious or infectious condition.**

**(Per Wisconsin state code HFS 172.5)**

**For The Purpose of Safety**

# ***Princeton Club Outdoor Aquatic Center Rules***

1. Swimming is permitted only when Lifeguards are present
2. A soap and water shower is required by WI State code: HFS 172.5
3. Modest lined swim suits are required apparel. (A t-shirt may be worn if it is clean and has appropriate printing. (no cut offs, biking tights, aerobic leotards or any other work-out apparel)
4. Princeton is not responsible for belongings and toiletries left unattended in the Aquatic Center.
5. Do not apply hair spray, hair conditioner, perfume, and hand or body lotion before entering aquatic center.
6. Scheduled classes/swim lessons have priority over other activities.
7. There will be at least one lap lane available at all times for lap swimmers when lap pool is open.
8. Safety breaks will occur on the hour for ten minutes during splash time. Children 15 and under must exit all pools at this time.
9. Only U.S. Coast Guard approved floatation devices are allowed or floatation devices provided by the club.
10. Swim diapers are required for children not toilet trained.
11. Aquatic staff has the authority to ask unruly patrons to leave the center.

**We Recommend All Aquatic Center Patrons Wear Water Shoes.**

## ***Monday-Friday, Saturday and Sunday***

<b>CHILDREN</b>	<b>SUPERVISION</b>	<b>POOL USAGE</b>
0-4 years	Parent within arm's reach at all times	Leisure Pool/ Lap Pool/ Splash Pad
5-10 years	Parent in Outdoor Aquatic Center	Leisure Pool/ Lap Pool/ Splash Pad
11-12 years	Parent in the Club	Leisure Pool/ Lap Pool/ Splash Pad
12 & UP		Leisure Pool/ Lap Pool/ Splash Pad

## ***Equipment Use***

<b>EQUIPMENT</b>	<b>USAGE</b>
Kickboards	Lap Pool (kicking only)
Pull Buoys	Lap Pool (pulling only)
White Noodles	Fitness (12 & up)
Short Hand Barbells	WSI, Fitness (12 & Up)
Long Barbells	WSI
Resistance Gloves	Fitness (12 & Up)
Hand Paddles	Lap Pool (pulling only)
Yellow Float Belts	WSI and discretion
Fins	WSI and discretion
PFD (Life Vest)	WSI and discretion
Balls	Leisure Pool Exception: Splash time
Toys	WSI (Members may bring their own appropriate toys)
Splash Pad	Must follow posted rules

The following is **not** permitted at any time:

- Cameras, Video Cameras (Cell Phones)
- Running
- Rough play
- Diving
- Glass
- Food, beverage (capped water bottles accepted), gum, candy in pool (Is allowed on pool deck)
- Drugs
- Smoking
- Profanity
- Street shoes
- Sitting or pulling on lane lines
- Playing on stairs or ladders
- Animals

**Aquatic staff has the authority to prohibit admission to anyone who has an open wound or who appears to have a contagious or infectious condition.**

**(Per Wisconsin state code HFS 172.5)**

## **Splashtime Rules**

### **Saturday and Sunday 2-7pm**

All children under 5 years old (0-4 years old) must be accompanied by an adult or legal guardian (16 years or older) within arms reach, at all times, in all pools.  
Children 5-10 years old must be supervised by a parent or guardian (16 years or older) at all times.

#### **Spa/Hot Tub:**

Children under the age of 11 (0-10 years old) may not enter or put any hands or feet inside of the water.

#### **Current Channel:**

Current channel is allowed to be used by everyone in the Aquatics Center during Splash Time. If children are under the age of 11 (0-10 years old), they must be accompanied by an adult or legal Guardian (16 years or older) at all times within arms reach inside of the current channel. Balls are not permitted in the Current Channel and must remain in the Activity portion of the pool.

#### **Tubes:**

Tubes can be used in the current channel only.

Tubes are not allowed to be stacked.

Individuals are not allowed to stand/kneel on tubes, or rock tubes.

#### **Equipment Age Requirements:**

You must be 12 years or older to use Noodles, Fitness Barbells, Weights, Float Belts, Fitness Gloves.

#### **Slide rules:**

To properly ride all slides in the Aquatics Center you must be sitting on your bottom or laying on your back with your feet first.

To ride BIG BLUE you must be 48 inches tall, or successfully complete a swim test.

#### **Swim Test:**

Swim test(s) will be performed by a lifeguard. To pass the swim test you must swim 1 continuous length of the lap pool (25 yards) on your front from the shallow end to the deep end. No assistance, touching the lap lanes, or wall, can be given to the person performing the swim test. The test is required daily and does not carry over from day to day. One test is permitted per a day. No retests will be issued.

#### **Safety Checks:**

Safety Checks will be performed daily on the top of the hour, every hour during Splash Time. Safety Checks will last 10 minutes, during this time anyone under 15 years old (0-14 years old) must exit the pool completely.

#### **Aquatics General Rules:**

Aquatics staff has the authority to ask any unruly patrons to leave the Aquatics center.

- No eating or drinking inside of the indoor aquatics center.
- Only US Coast Guard approved flotation devices are allowed within Princeton Club.
- No Photography or Video Recording is allowed within the Aquatics Center.
- No Diving, head first entries, belly flops, back flops, or flips are permitted in any pools.
- No running within the Aquatics Center.

