

INDEPENDENCE DAY

Sunday, July 4th Club is OPEN 24 Hours MODIFIED HOURS

Kids Club • 8:00 am - 12:00 pm Subway • 11:00 am - 5:00 pm Aquatics Center • 7:00 am - 4:00 pm (Full Activity Pool • 10:00 am - 4:00 pm) (Outdoor Pools • 11:00 am - 4:00 pm)

GROUP EX SCHEDULE

8:00 - 8:45am • RIDE with Laura in Ride Studio 8:00 - 8:45 am • Zumba Toning with Jill in Studio 2 8:15 - 9:00am • Define with Rose in Studio 1 9:00 - 9:45 am • Yoga with Jimmy in Studio 2 9:15 - 10:15am • BodyPump wtih Bruce in Studio 1 10:00- 11:00 am • WERQ with Dana in Studio 2 10:30 - 11:15am • Turbo Kick with Kerri in Studio 1 *Register and view Virtual Cycling classes online.